

Nurturing Life Concepts, LLC Brochure

Vision Statement

Leading people of all ages, throughout the world, to realize their life's passion, purpose and vision.

Mission Statement

To educate, equip, motivate and collaborate with individuals of all ages, throughout the world, so they may develop, perfect and accomplish their life's passion and vision.

Nurturing Life Concepts, LLC is a non-denominational Christian organization serving everyone with warmth and genuine respect regardless of age, sex, race, religion, ethnicity or socio-economic status. We are committed to providing high quality, effective and time-sensitive collaboration with all of the people we are privileged to serve.

About Nurturing Life Concepts, LLC

All Nurturing Life Concepts, LLC counselors and consultants work under the supervision of founding Director Wendy A. West Pidkamy, LCSW.

Wendy has over 15 combined years experience working with non-profit organizations, government agencies, school districts, universities and in private practice bringing transformation, vision and healing to countless individuals and families. Wendy and her dedicated staff work from a Christian, Strengths based, future oriented perspective.

Scheduling Appointments/Trainings

Contact Wendy at (315)682-4005 or go to our website. www.nurturinglifeconcepts.com



Wendy A. West Pidkamy
Director
Licensed Clinical Social Worker
Counselor/Therapist
Life Coach
Nurtured Heart Approach:
Consultant and Trainer

Nurturing Life Concepts, LLC
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Nurturing
life
Concepts

Nurtured Heart Approach Advanced Trainer

Developed by Howard Glasser,

The Nurtured Heart Approach is a non-blame, non-traditional approach to helping parents and teachers instill "inner wealth" and "greatness" in children and teens of all intensity levels. Creating more success and peace at home and at school.

The Nurtured Heart Approach techniques have been proven to help children and teens who struggle with anger, poor impulse control, no friends, sibling rivalry, school, poor self-esteem, disrespect, tantrums, anxiety, emotions, defiance and lack of focus. In fact, many children transformed by this approach have been diagnosed with ADD, ADHD, ODD and PDD.

NHA Opportunities:

- Parent Education Groups
- Individual Consultation/Coaching
- Children and Teen Groups
- Social Curriculum Development in schools, churches and daycares
- Presentations and Seminars
- Organizational, Government and Agency Training
- Therapeutic Summer Camp

If your child is having difficulty in any area we can help!

NHA empowers adults, children and teens alike as well as provides sound structure and predictability.

Counseling Services

Helping people heal, move into the present and toward the future with deeper insight, love and respect for themselves and others. Specializing in issues with:

- Marriage and Family
- Children and Teens
- Divorce
- Depression and Anxiety
- Grief and Trauma
- Spirituality
- Self-esteem
- Anger
- Financial Issues
- Guilt and Forgiveness
- Abuse and Neglect

Coaching Services

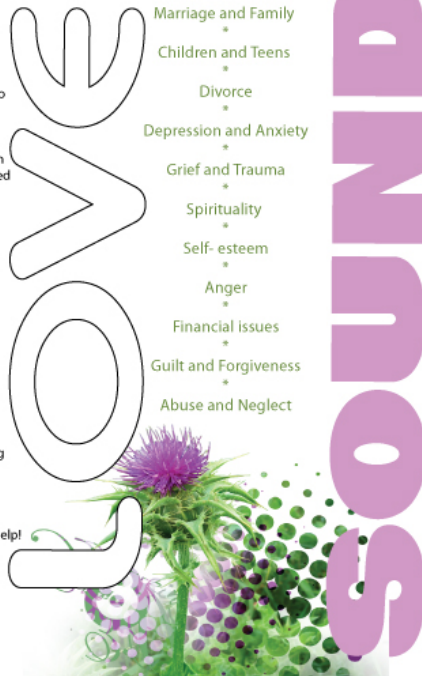
Clarifies the present, focuses on the future and takes action to reach goals by exploring one's Issues, Self-Awareness, Obstacles, Strategy and Vision. Let us inspire, guide and motivate you into your full potential!

- Coaching Specialization includes:
- Small Business Start Up and Development
- Life Transitions
- Finances/ Time Management
- Relationships/Family
- Personal Growth and Identity
- Spirituality/Life Balance
- Stress Management/Prevention
- Foster/Parenting and Adoption
- Decision Making and Weight Loss

"Coaching is the art and practice of guiding a person from where they are, toward greater competence and fulfillment that they desire."

-Gary R. Collins, PhD.

POWER
LOVE
SOUND
MIND



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