

About Wendy and the Nurtured Heart Approach™ Research

Current Research and Information Regarding the Nurtured Heart Approach™

The NHA is the primary approach in an estimated 10,000 classrooms and schools across the United States, South America, United Kingdom, Belgium, Israel, Germany, South Africa and Australia. It is the foundational approach for thousands of therapists as well as residential treatment programs and therapeutic foster care programs across the United States. The NHA Research Committee is seeking to become federally recognized as an evidence based program.

The NHA decreases the need for Special Education Services, referrals, school suspensions, administrative/parent conferences, severe infractions, truancy and absenteeism, classroom disruptions, bus misconduct, teacher attrition, bullying, reduction of disrupted and broken placements in residential and foster care programs and decreases in mental health referrals.

The NHA increases test scores, gifted and talented programs, attendance in school for children and staff, teaching and learning time, social skills, coping skills, internal motivation to be successful personally and academically, team work, cooperation and support for one another, a greater sense of empowerment and personal responsibility, recognition by parents and professionals of their positive and powerful influence, parental involvement at home and at school, better flow of communication between home and school, parents and children.

For further research information please go to Howard Glasser's website: www.difficultchild.com

Presented by Wendy A. West Pidkaminy, LCSW

Nurturing Life Concepts, LLC and its Founder Wendy A. West Pidkaminy creates and facilitates all programs. Wendy is a Licensed Clinical Social Worker, Certified School Social Worker and an Adjunct Professor at Syracuse University.

Wendy created NLC to educate, equip, motivate and collaborate with individuals of all ages, throughout the world, so they may develop, perfect and accomplish their life's passion and vision by using their strengths, talents and abilities to their fullest potential. Wendy has worked with numerous non-profit organizations, government agencies, school districts, universities and colleges as well as in private practice bringing transformation, vision and healing to countless individuals and families. She has personally taught the Nurtured Heart Approach™ to a multitude of individuals including parents, daycare providers, private and public school personnel and Head Start agencies.

Wendy travels regularly sharing her strengths-based, solution focused principles as well as the Nurtured Heart Approach™ in trainings, consultation, curriculum building and seminars.

Wendy has written two books, *"Parenting Challenging Children with Power, Love and Sound Mind: The Nurtured Heart Approach from a Biblical Viewpoint"* and *"Jimmy and Julia's Rainforest Adventure: Teaching Children with Power, Love and Sound Mind"*. You can also find her FREE e-books on her website www.nurturinglifeconcepts.com.

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